



*The Blue Bicycle*  
a family run coffee shop



# Breakfast Time

Breakfast is served every day from 9:00am until 11:30am

## *The best start to the day*

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### *Full English breakfast*

Bacon, sausage, black pudding, tomato, hash brown, mushrooms, beans, & fried egg served with toast (*no substitutes*) - **extra items for £1.00**

£11.50

### *Gluten free full English breakfast*

Two bacon, mushrooms, beans, tomato & two fried eggs served with gluten free toast (*no substitutes*) - **extra items for £1.00**

£11.50

### *Veggie & vegan full English breakfast*

Vegan sausage, mushrooms, tomato, beans & sauté potatoes, with or without fried egg served with toast (*no substitutes*) - **extra items for £1.00**

£11.50

### *Buttermilk pancake stack*

Four buttermilk pancakes served your choice of:

- Bacon, maple syrup & fresh blueberries
- Nutella spread, chopped banana & whipped cream

£9.95

### *Steak & eggs*

Rump steak served with two fried eggs & sauté potatoes

£11.95

### *Bacon & poached eggs on crumpets*

Topped with hollandaise sauce

£8.95

### *Avocado & poached eggs on toast*

Topped with chilli flakes - **add halloumi for £2.50** - **add bacon for £2.00**

£8.95

### *Tarragon mushrooms & spinach on toast*

Served on white or granary

£8.95

### *Breakfast burger*

Bacon, sausage, fried egg & hash brown served in a brioche bun

£8.95

### *Granola bowl*

Luxury granola served with berry compote, banana topped with Greek yogurt & honey

£7.95

### *Sausage, cheese & hash brown wrap*

£7.50

## *Some lighter options*

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### *White or granary toast with butter & preserve*

£2.45

### *Filled warm croissant with ham & cheese*

£5.75

### *Toasted teacake with butter & preserve*

£2.75

### *Bacon or sausage toasted sandwich*

£5.95

### *Egg on toast*

Scrambled, fried or poached

£5.95

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# Lunch Time

Lunch is served every day from 11:30am until 4:30pm  
**Add a side order of fries to any dish for £2.75**

## *Baked & toasted*

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<i>Breakfast burger</i>	£9.95
Bacon, sausage, fried egg & hash brown in a brioche bun served with sauté potatoes	
<i>Open steak ciabatta</i>	£11.50
Served with garni & béarnaise sauce	
<i>Homemade quiche of the day</i>	£9.95
Served with a side salad garnish - <b>ask our team for today's quiche</b>	
<i>Goats cheese &amp; red pepper omelette</i>	£9.95
With a seasonal salad	
<i>Baked jacket potato</i>	£8.95
Choice of cottage cheese & chive or tuna mayonnaise crunch	
<i>Toasted club sandwich</i>	£9.95
Chicken, bacon, lettuce, tomato & mayonnaise	
<i>Sweet chilli halloumi, red pepper &amp; onion toasted sandwich</i>	£9.95
<i>Avocado, mozzarella, tomato &amp; balsamic on an open ciabatta</i>	£8.95
<i>Warm brie, bacon &amp; cranberry baked ciabatta</i>	£8.95
<i>Tuna &amp; cheese baked ciabatta</i>	£8.50
<i>Barbecue chicken, bacon &amp; cheese wrap</i>	£8.95

## *Sandwiches & soup*

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### *Sandwiches served on white, granary or gluten free bread*

- ❖ Tuna mayonnaise & cucumber
  - ❖ Cheddar cheese & onion chutney
  - ❖ Egg mayonnaise
  - ❖ Ham & English mustard
  - ❖ Hummus with onion & tomato
- £5.95

**Add a cup of soup to your sandwich for £2.50**

<i>Soup of the day</i>	£5.75
Served with warm ciabatta - <b>ask our team for today's soup</b>	

## *Salads*

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<i>Warm breast of chicken Caesar salad</i>	£9.25
With little gem lettuce, tomatoes, bacon & Caesar dressing	
<i>Halloumi, rocket &amp; mango salad</i>	£9.25
Served with a sweet chilli dressing	
<i>Prawn Marie Rose salad</i>	£10.50
Served with brown bread	
<i>Feta, black olives &amp; melon salad</i>	£9.25
On a bed of mixed leaves with a balsamic dressing - <b>add Parma ham for £2.50</b>	

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# Little Cyclists

Breakfast is served 9:00am until 11:30am, lunch is served 11:30 until 4:30pm

## The breakfast menu

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<i>Mini English breakfast</i>	£4.75
Bacon, fried egg, sausage, beans & toast	
<i>Crumpets with strawberry jam &amp; butter</i>	£2.50
<i>Scrambled egg &amp; beans on toast</i>	£3.50
<i>Boiled egg &amp; soldiers</i>	£2.75
<i>Porridge &amp; honey</i>	£2.30
<b>Add blueberries for 70p</b>	

## The lunch time menu

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<i>Sandwiches served on white, granary or gluten free bread</i>	
❖ Tuna mayo	
❖ Ham	£3.25
❖ Jam	
❖ Cheese	
<i>Fish fingers, baked beans &amp; fries</i>	£4.95
<i>Sausage, baked beans &amp; fries</i>	£4.95
<i>Kids soup of the day</i>	£2.60

## Something to drink

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<i>Childs hot chocolate</i>	
Soya, almond & oat milk options	£2.50
<b>Add cream for 20p, add marshmallows for 20p</b>	
<b>Add caramel, vanilla, hazelnut or coconut syrup for 50p</b>	
<i>Selection of juices</i>	
❖ Cranberry	£1.75
❖ Orange	
❖ Apple	
<i>Cordial &amp; water</i>	
❖ Blackcurrant	£1.50
❖ Orange	
<i>Babycino</i>	£1.50

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# Drinks

## *The finest coffee*

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<i>Americano</i>	<i>£3.00</i>
<i>Cappuccino</i>	<i>£3.30</i>
<i>Latte</i>	<i>£3.30</i>
<i>Pumpkin latte</i>	<i>£3.90</i>
<i>Flat white</i>	<i>£3.30</i>
<i>Mocha</i>	<i>£3.60</i>
<i>Double espresso</i>	<i>£2.75</i>
<i>Macchiato</i>	<i>£2.80</i>
<i>Chai latte</i>	<i>£3.30</i>
<i>Dirty chai</i>	<i>£3.75</i>
<i>Iced latte</i>	<i>£3.30</i>
<i>Iced americano</i>	<i>£3.00</i>
<i>Iced mocha</i>	<i>£3.60</i>

Add an extra shot for £1.25

Soya, almond & oat milk options

All coffees available as decaf on request

Add caramel, vanilla, hazelnut or coconut syrup for £0.60

## *Loose leaf tea*

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<i>English breakfast</i>	<i>£2.75</i>
Decaf option also available	
<i>Earl grey</i>	<i>£2.75</i>
<i>Peppermint</i>	<i>£2.75</i>
<i>Chamomile</i>	<i>£2.75</i>
<i>Tropical green</i>	<i>£2.75</i>
<i>Lemongrass &amp; ginger</i>	<i>£2.75</i>
<i>Berry wellness organic</i>	<i>£2.75</i>

## *Hot chocolate*

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<i>Luxury hot chocolate</i>	<i>£3.40</i>
Soya, almond & oat milk options	
Add cream for £0.20, add marshmallows for £0.25	
Add caramel, vanilla, hazelnut or coconut syrup for £0.60	

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# Drinks

## Soft drinks

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<i>Coca-Cola / diet Coca-Cola</i>	<i>£2.35</i>
<i>San Pellegrino orange / lemon</i>	<i>£2.60</i>
<i>Still / sparkling water</i>	<i>£2.00</i>
<b><i>Fentimans</i></b>	
❖ Ginger beer	<i>£2.95</i>
❖ Rose lemonade	
❖ Dandelion & burdock	
<b><i>Selection of juices</i></b>	
❖ Cranberry	<i>£2.20</i>
❖ Orange	
❖ Apple	
<b><i>Cordials</i></b>	
❖ Blackcurrant	<i>£1.65</i>
❖ Orange	
❖ Lime	
❖ Elderflower	
<b><i>Soda</i></b>	<i>£1.90</i>

## Wine

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<b><i>Sauvignon Blanc 12.0%</i></b>	
Chile	125ml
<b><i>Pinot Grigio 12.0%</i></b>	<i>£4.95</i>
Italy	175ml
<b><i>Pinot Grigio Blush 12.0%</i></b>	<i>£5.35</i>
Italy	250ml
<b><i>Merlot 13.0%</i></b>	<i>£5.85</i>
New Zealand	Bottle
<b><i>Pinot Noir 12.5%</i></b>	<i>£19.95</i>
Romania	

## Prosecco

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<b><i>Prosecco la Gioiosa et Amorosa NV DOC Treviso</i></b>	<i>£21.95</i>
<b><i>La Marca Prosecco Extra Dry 200ml</i></b>	<i>£6.25</i>
<b><i>Mimosa</i></b>	<i>£6.75</i>

## Beer

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<b><i>Peroni 5.1% 330ml</i></b>	<i>£4.50</i>
<b><i>BrewDog Hazy Jane IPA 5.0% 330ml</i></b>	<i>£4.80</i>

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# *Vegetarian, vegan & gluten free*

We pride ourselves on our dishes being fresh, we can alter most of our meals to be vegetarian, vegan or gluten free.

Please speak to our team to discuss what we can provide for you.

We also always have a selection of gluten free cakes and bakes on show at the main counter.

## *Other information*

If you have a food allergy or special dietary requirement, please speak to a member of staff before you order.

It is not possible to guarantee the area of preparation has not been used to prepare a dish that contains one of the 14 allergens.

For example, a dish may not contain nuts but could have a trace of nuts present.

The Blue Bicycle is a trading name of PMcD Catering Limited registered in England & Wales reference 11648478.

All prices inclusive of 20% VAT.

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